

WARATAH NEWS

SUMMER 2018 | 03



WARATAH, YOUR LOCAL SURGICAL EXPERTS

As the calendar year hastens to a close, I'd like to take a moment to thank you for your ongoing support, and celebrate the

journey of 2018. Waratah Private continues to deliver on our promise to our community as a centre of surgical excellence. This starts with our surgeons, which is why we are delighted to have so many surgical experts, some of the best in their medical fields, here on our rota (see two featured on the reverse).

Beyond our staff, this year we've also invested in leading surgical technology, like the NAVIO Surgical System. However we know it's not just about surgery itself, recovery plays a key part in getting our patients back on their feet. That's why our Waratah Rehabilitation Centre continues to deliver patient-centric programs for both inpatients and outpatients designed by a specialist rehabilitation doctor and implemented by our multidisciplinary team (see more in the article on the right).

Our offering will now include multiple health clinics that address the concerns facing our community. What's more, we have many exciting developments planned for the New Year. From all of us here at Waratah Private, we wish you a safe and happy festive season.

Till next time,

Stephen Johnston

General Manager
Waratah Private Hospital

HYDROTHERAPY REHABILITATION AS PART OF OUR DAY PROGRAM

The power of water-based therapy is often underestimated and less available to patients outside of a hospital setting. The benefits are something our team of Allied Health experts see everyday at our Waratah Rehabilitation Centre. With hydrotherapy pool and facilities, this research-based therapy joins physiotherapy, exercise physiology, occupational therapy and dietetics in our comprehensive day rehabilitation programs.

Day programs are available to your patients suffering pain and limited movement post-surgery, injury or medical illness. A patient-specific program is developed by a rehabilitation specialist, and is applied over either half-day (1.5hrs) or full day (3hrs) program at our centre, conveniently located here within the hospital.

"The beauty in our day rehabilitation programs lies in the access day patients receive, not only to a patient-specific program and multi-disciplinary team, but also to the hydrotherapy pool and facilities," said John Markowski, Allied Health Manager.

"We frequently see rapid benefits of increased movement and less pain post exercise in the pool as opposed to on land. It's a game-changer in their recovery."

Discuss a specific patient with John or one of our friendly team members at the Waratah Rehabilitation Centre, call 9598 0441 or email info@waratahprivate.com.au today.

ONLINE ADMISSIONS IN 2019

We'll soon integrate all hospital admissions through a reliable system online. It translates to less paperwork for both our team and your patients. It also means a seamless transition to different hospital departments, with all the information accessible from the very beginning. The new system will be up and running for 2019.

For more information regarding online admissions contact info@waratahprivate.com.au.

OUR SPECIALISTS

We are proud to have such a high calibre of surgical experts working here at Waratah Private. Among them are international names, renowned for driving innovation, as the following Professors demonstrate...

PROFESSOR CHRIS BERNEY

MB, MD, PHD, FMH, FRACS
ENDOSCOPY AND GENERAL SURGERY

Internationally renowned for his expertise and innovation in new medical developments and surgical techniques, Professor Chris Berney specialises in advanced laparoscopic procedures. His Hernia workshop at Waratah has run for five years and attracts surgeons from around Australia and the world. Driven by his patients' unique needs, Prof. Berney has developed and implemented new techniques and procedures, and played an important role in the creation of surgical devices.

PROFESSOR WARWICK BRUCE

MB, BS, FRACS, FICS, FAORTH, ORTHOPAEDICS

Playing a pivotal role in Surgical Robotics and Prosthesis Design in minimally invasive Hip and Knee surgery, Professor Warwick Bruce is an exceptional Orthopaedic Surgeon with a particular interest in Sports Medicine. With over 80 publications and seven book chapters based on his research, Prof Bruce continues to push the envelope in his respective field.

INTRODUCING YOUR GP LIAISON OFFICER

As a first point of contact for all our GPs, Danielle McCaffrey will be visiting GPs and is able to answer any of your queries. Please feel free to connect with her on 0448 969 436 or via email danielle.mccaffrey@waratahprivate.com.au.



Services are available across the Christmas and New Year period. To discuss your patient's needs, please phone (02) 9598 0313 or visit waratahprivate.com.au/for-patients

Waratah Private Hospital is centrally located in Hurstville. Our friendly and experienced team are on call to assist you and answer any questions you may have relating to a procedure or patient visit.

- FIND US** 29-31 Dora Street, Hurstville NSW 2220
- BY CAR** Patients and visitors have access to secure underground parking at Waratah Private Hospital with entry on Dora Street.
- BY TRAIN** Waratah Private is a 5 minute walk from Hurstville Station.
- BY BUS** Hurstville bus interchange is located on Forest Road opposite Hurstville train station.
- CONTACT** **T** 02 9598 0000 **F** 02 9598 0001
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